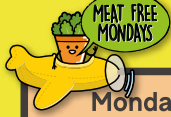


# BRINDISHE LEE

Spring 2022

## WEEK 1

03/01, 24/01,  
21/02, 14/03



### Option 1

**Monday.**

Vegetarian Sausage Stir Fry served with Steamed Rice (Ve)

**Tuesday.**

Organic Beef Meatball Pasta

**Wednesday.**

Roast Turkey served with Stuffing, Roast New Potatoes and Gravy

**Thursday.**

Southern Style Crunchy Chicken served with Jeweled Rice

**Friday.**

Gluten Free Battered Fish served with Chips

### Option 2 V Vegetarian

Spring Roll served with New Potatoes V

Vegetarian Meat(less) Ball Pasta (Ve) V

Vegetarian Bubble and Squeak served with Gravy V

Spinach and Potato Curry served with Jewelled Rice V

Cheese and Tomato Whirl served with Chips V

### Option 3

Macaroni Cheese

Jacket Potato served with Cheese, Tuna Mayonnaise, Baked Beans (Ve) or Coleslaw

Tomato and Basil Pasta (Ve)

Jacket Potato served with Cheese, Tuna Mayonnaise, Baked Beans (Ve) or Coleslaw

Tomato and Sweetcorn Pasta (Ve)

### Vegetables

Broccoli Sweetcorn

Peas Carrots

Butternut Squash Green Beans

Carrots Sweetcorn

Garden Peas Baked Beans

### Dessert

Fruit Slushy (Ve)

Oaty Cookie (Ve)

Fruit Salad (Ve)

Apple Crumble (Ve) with Custard

Gluten Free Chocolate Sponge with Custard

## WEEK 2

10/01, 31/01,  
28/02, 21/03

### Option 1

**Monday.**

Roasted Vegetable Tart served with New Potatoes

**Tuesday.**

Chicken Sausage served with Mashed Potato and Gravy

**Wednesday.**

Hot Chicken Wrap served with Potato Wedges

**Thursday.**

Organic Beef Chilli Con Carne served with Steamed Rice

**Friday.**

Fish Fingers or Salmon Fish Fingers served with Chips

### Option 2 V Vegetarian

Cowboy Vegetarian Sausage Casserole served with New Potatoes (Ve) V

Crispy Potato topped Veggie Pie (Ve) V

Cauliflower Cheese Croquettes served with Potato Wedges V

Sweet Chilli Quorn served with Steamed Rice V

Vegetable Nuggets served with Chips (Ve) V

### Option 3

Neapolitan Pasta (Ve)

Jacket Potato served with Cheese, Tuna Mayonnaise, Baked Beans (Ve) or Coleslaw

Tomato and Basil Pasta (Ve)

Jacket Potato served with Cheese, Tuna Mayonnaise, Baked Beans (Ve) or Coleslaw

Cheesy Tomato Pasta

### Vegetables

Sweetcorn Broccoli and Cauliflower

Garden Peas Cabbage

Medley of Vegetables

Green Beans Carrots

Garden Peas Baked Beans

### Dessert

Fruit Slushy (Ve)

Chocolate Rice Krispie Cake (Ve)

Spiced Oat Biscuit (Ve)

Banana Cake with Custard

Peach Slices with Ice Cream

## WEEK 3

17/01, 07/02,  
07/03, 28/03

### Option 1

**Monday.**

Cheese and Tomato Pizza served with Potato Wedges

**Tuesday.**

Organic Beef Bolognaise Pasta Bake

**Wednesday.**

Roast Chicken served with Stuffing, Roast Potatoes and Gravy

**Thursday.**

Mild Chicken Curry served with Steamed Rice

**Friday.**

Cod Fishcake served with chips

### Option 2 V Vegetarian

Vegetable Pizza served with Potato Wedges V

Fajita Pasta (Ve) V

Vegetarian (Ve) Sausage served with Stuffing, Roast Potatoes and Gravy V

Mild Vegetable Curry served with Steamed Rice (Ve) V

BBQ Bean Wrap served with Chips V

### Option 3

Pesto Pasta (Ve)

Jacket Potato served with Cheese, Tuna Mayonnaise, Baked Beans (Ve) or Coleslaw

Macaroni Cheese

Jacket Potato served with Cheese, Tuna Mayonnaise, Baked Beans (Ve) or Coleslaw

Tomato and Basil Pasta (Ve)

### Vegetables

Garden Peas Carrots

Sweetcorn Broccoli

Cabbage Green Beans

Carrots Sweetcorn

Garden Peas Baked Beans

### Dessert

Fruit Slushy (Ve)

Apple and Raspberry Crumble Slice (Ve) with Custard

Fruit Salad (Ve)

Flapjack (Ve)

Zesty Orange Drizzle Cake



Freshly Baked Bread, Salad Bar, Yoghurt and Fresh Fruit are available daily

We always meet the Government food based standard for school lunches. All of our meals are freshly prepared on site by our team to ensure there are no undesirable additives. Many of our dishes contain hidden vegetables to increase vegetable intake. We are continuously working to reduce the amount of refined sugar in our menus.



THIS MENU SUPPORTS: