

WEEK 1

BRINDISHE LEE

SPRING 2023

radish
IT'S ALL GOOD



Week Commencing:
02/01/23, 23/01/23,
20/02/23, 13/03/23



Option 1

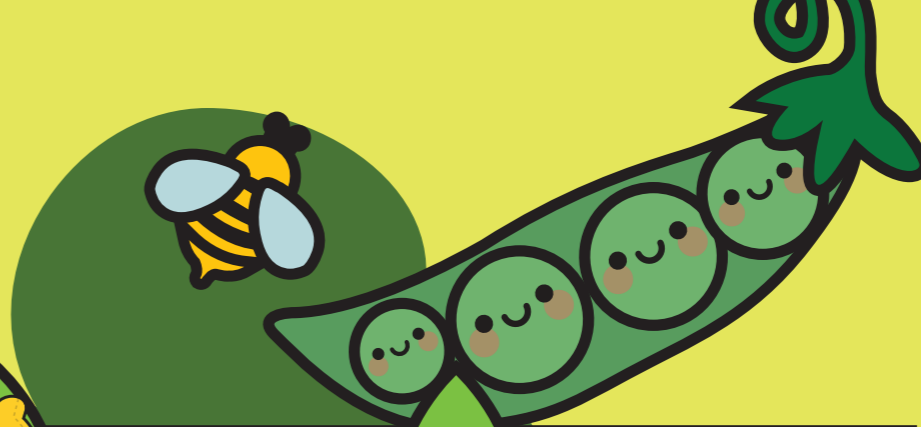
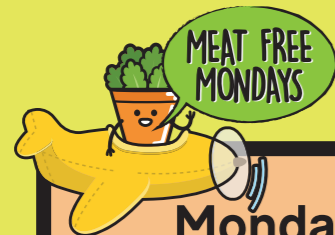
Option 2 V
Vegetarian

Option 3

Vegetables

Dessert

	Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
Option 1	Sweet Potato and Pepper Frittata served with New Potatoes	Chinese Chicken Noodles	Roast Turkey served with Roast Potatoes and Gravy	Organic Cottage Pie topped with Root Vegetable Mash	Breaded Pollock served with Chips
Option 2 V	Macaroni Cheese V	Vegetable and Bean Jambalaya (Ve) V	Roast Quorn served with Roast Potatoes and Gravy V	Veggie Cottage Pie V	Vegetable Fingers served with Chips (Ve) V
Option 3	Tomato and Basil Pasta (Ve)	Jacket Potato served with Cheese, Tuna Mayonnaise, Baked Beans (Ve) or Coleslaw	Mushroom Carbonara	Jacket Potato served with Cheese, Tuna Mayonnaise, Baked Beans (Ve) or Coleslaw	Neapolitan Pasta (Ve)
Vegetables	Broccoli Carrots	Carrots Garden Peas	Steamed Cabbage Green Beans	Carrots Sweetcorn	Garden Peas Baked Beans
Dessert	Homemade Hob Nob (Ve)	Fruit Jelly (Ve)	Fruit Salad (Ve)	Apple and Cinnamon Sponge	Ice Cream



FRESHLY BAKED BREAD, SALAD BAR, YOGHURT AND FRESH FRUIT ARE AVAILABLE DAILY



WEEK 2 BRINDISHE LEE

SPRING 2023

radish
IT'S ALL GOOD



Week Commencing:
09/01/23, 30/01/23
27/02/23, 20/03/23



Option 1

Option 2 V
Vegetarian

Option 3

Vegetables

Dessert

	Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
Option 1	Lentil and Squash Tagine served with Rice or Nachos and Sour Cream	Organic Beef Bolognaise served with Pasta	Chicken Sausages served with Mashed Potato and Gravy	Chicken Tikka Masala served with Steamed Rice	Fish Fingers or Salmon Fish Fingers served with Chips
Option 2 V	Vegetarian Chilli (Ve) served with Rice or Nachos and Sour Cream	Winter Vegetable Ragu served with Pasta (Ve)	Veggie Sausages (Ve) served with Mashed Potato and Gravy	Spinach, Sweet Potato and Lentil Dahl served with Steamed Rice (Ve)	BBQ Bean Burrito served with Chips
Option 3	Macaroni Cheese	Jacket Potato served with Cheese, Tuna Mayonnaise, Baked Beans (Ve) or Coleslaw	Broccoli Pesto Pasta (Ve)	Jacket Potato served with Cheese, Tuna Mayonnaise, Baked Beans (Ve) or Coleslaw	Tomato and Basil Pasta (Ve)
Vegetables	Green Beans Carrots	Sweetcorn Broccoli	Roasted Root Vegetables Cauliflower	Carrots Sweetcorn	Garden Peas Baked Beans
Dessert	Shortbread (Ve)	Chocolate and Beetroot Brownie	Fruit Salad (Ve)	Apple Crumble (Ve) with Custard	Lemon Drizzle Cookie (Ve)

MEAT FREE MONDAYS

NO ADDED SUGAR WEDNESDAY



FRESHLY BAKED BREAD, SALAD BAR, YOGHURT AND FRESH FRUIT ARE AVAILABLE DAILY



WEEK 3 BRINDISHE LEE

SPRING 2023

radish
IT'S ALL GOOD



Week Commencing:
16/01/23, 06/02/23
06/03/23, 27/03/23



Option 1

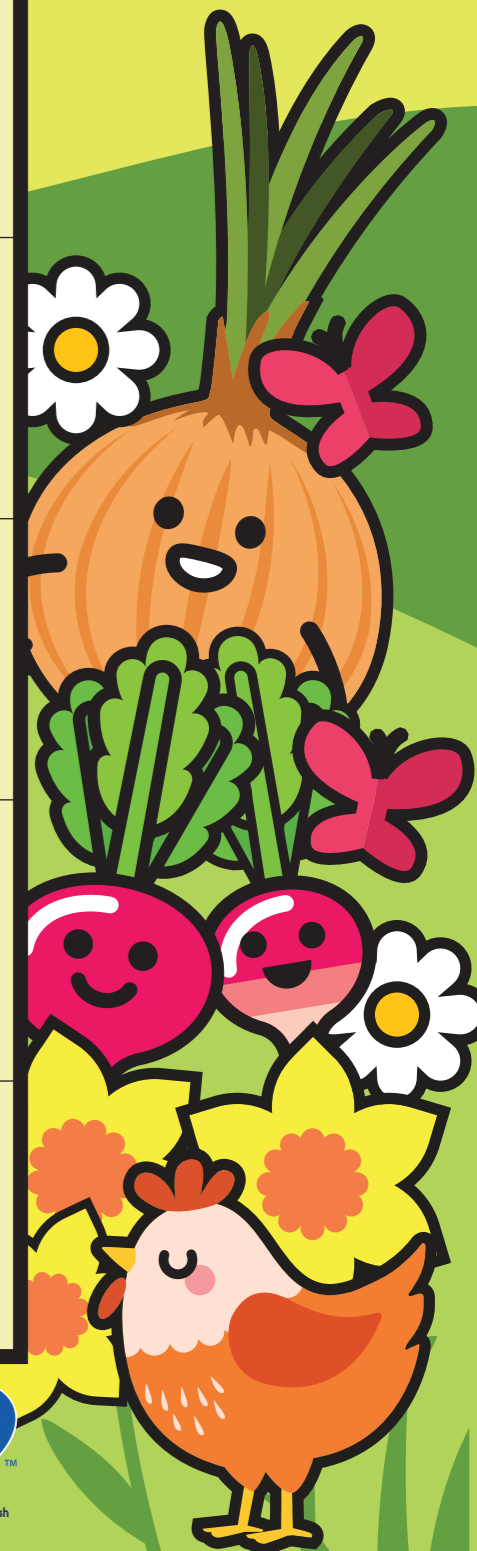
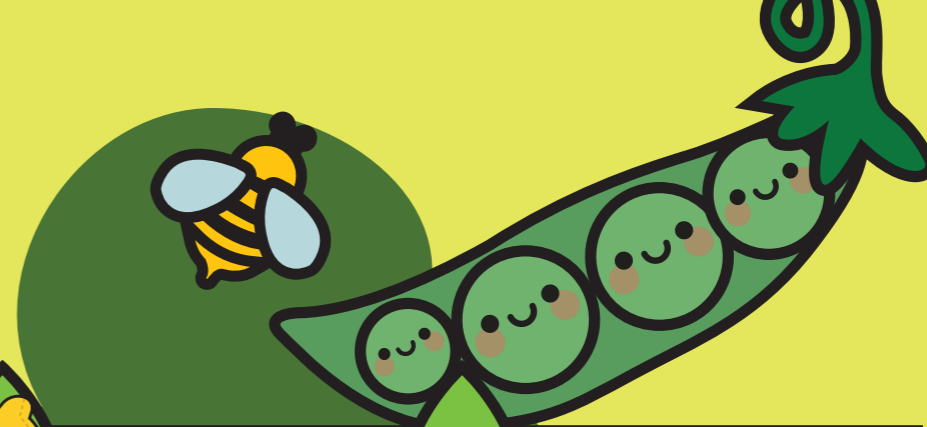
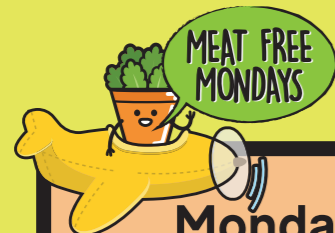
Option 2 V
Vegetarian

Option 3

Vegetables

Dessert

	Monday.	Tuesday.	Wednesday.	Thursday.	Friday.
Option 1	Katsu Vegetable Noodles	Cajun Chicken Pizza served with Potato Wedges	Roast Chicken and Root Vegetable Traybake served with Roast Potatoes	Organic Beef Chilli Con Carne served with Savoury Rice	Breaded Pollock served with Chips
Option 2 V	Vegetable Enchilada V	Cheese and Tomato Pizza served with Potato Wedges V	Roast Quorn served with Roast Potatoes and Gravy V	Vegetable Bolognese served with Savoury Rice (Ve) V	Veggie Sausage Hot Dog served with Chips (Ve) V
Option 3	Classic Ratatouille with Spaghetti (Ve)	Jacket Potato served with Cheese, Tuna Mayonnaise, Baked Beans (Ve) or Coleslaw	Tomato and Spinach Pasta (Ve)	Jacket Potato served with Cheese, Tuna Mayonnaise, Baked Beans (Ve) or Coleslaw	Cheesy Tomato Pasta
Vegetables	Broccoli Sweetcorn	Carrots Garden Peas	Steamed Cabbage Sweetcorn	Green Beans Carrots	Garden Peas Baked Beans
Dessert	Flapjack (Ve)	Chocolate Orange Sponge with Chocolate Custard	Fruit Salad (Ve)	Carrot Cake	Raspberry Jelly (Ve)



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