

BRINDISHE LEE YR5 AND 6

WINTER 2023

WEEK 1

04/09/23, 25/09/23,
16/10/23, 13/11/23,
04/12/23

Option 1

Option 2 V Vegetarian

Option 3

Vegetables

Dessert

WEEK 2

11/09/23, 02/10/23,
30/10/23, 20/11/23,
11/12/23

Option 1

Option 2 V Vegetarian

Option 3

Vegetables

Dessert

WEEK 3

18/09/23, 09/10/23,
06/11/23, 27/11/23,
18/12/23

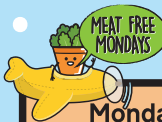
Option 1

Option 2 V Vegetarian

Option 3

Vegetables

Dessert



| Monday. | Tuesday. | Wednesday. | Thursday. | Friday. |
|---|--|--|--|---|
| Cheese Whirl with New Potatoes | Chinese Chicken with Rice | Roast Turkey with Roast Potatoes and Gravy | Beef Lasagne with Garlic Bread | Fish Fingers with Chips and Tomato Ketchup |
| Vegetable Frittata with New Potatoes V | Sweet Chilli Vegetable Stir Fry (Ve) V | Roast Quorn with Roast Potatoes and Gravy V | Vegetable Lasagne with Garlic Bread V | Vegetable Fingers with Chips and Tomato Ketchup (Ve) V |
| Baguette with a choice of Fillings | Baguette with a choice of Fillings | Baguette with a choice of Fillings | Baguette with a choice of Fillings | Baguette with a choice of Fillings |
| Carrots Green Beans | Sweetcorn Cabbage | Roasted Root Vegetables Peas | Carrots Sweetcorn | Baked Beans Garden Peas |
| Flapjack (Ve) | Iced Carrot Cake | Fruit Salad (Ve) | Pancake with Warm Apple and Berry Sauce | Ice Cream |
| Monday. | Tuesday. | Wednesday. | Thursday. | Friday. |
| Cheese and Tomato Pizza with Potato Wedges | Beef Tortilla Stack with New Potatoes | Chicken Sausages with Mashed Potato and Gravy | Greek Chicken Pitta | Breaded Fish with Chips and Tomato Ketchup |
| Vegetable Risotto (Ve) V | Vegetarian Cottage Pie V | Vegetarian Sausages (Ve) with Mashed Potato and Gravy V | Falafel Pitta V | Quorn Dippers with Chips and Tomato Ketchup (Ve) V |
| Baguette with a choice of Fillings | Baguette with a choice of Fillings | Baguette with a choice of Fillings | Baguette with a choice of Fillings | Baguette with a choice of Fillings |
| Broccoli Sweetcorn | Peas Carrots | Medley of Vegetables | Carrots Sweetcorn | Baked Beans Garden Peas |
| Vanilla Shortbread and Raisins (Ve) | Vanilla Sponge (Ve) with Custard | Fruit Salad (Ve) | Chocolate Brownie with Chocolate Custard | Orange Jelly (Ve) |
| Monday. | Tuesday. | Wednesday. | Thursday. | Friday. |
| Vegetarian Sausage Roll with New Potatoes(Ve) | Hot Chicken Bap with Potato Wedges | Roast Chicken with Roast Potatoes and Gravy | Beef Pasta Bolognese | Fish Fingers with Chips and Tomato Ketchup |
| Vegetable Curry with Rice (Ve) V | Veggie Burger with Potato Wedges (Ve) V | Cheese Pasty with Roast Potatoes V | Vegetarian Pasta Bolognese (Ve) V | Vegetable Nuggets with Chips and Tomato Ketchup (Ve) V |
| Baguette with a choice of Fillings | Baguette with a choice of Fillings | Baguette with a choice of Fillings | Baguette with a choice of Fillings | Baguette with a choice of Fillings |
| Carrots Green Beans | Sweetcorn Cauliflower | Carrots Peas | Broccoli Sweetcorn | Baked Beans Garden Peas |
| Jam and Coconut Sponge with Custard | Rice Krispie Cake (Ve) | Fruit Salad (Ve) | Apple Crumble (Ve) with Custard | Chocolate Pinwheel Cookie |

