



Brindishe
Federation

Brindishe Federation Newsletter

Friday 8th March 2024



Easter Holiday Vouchers

The London Borough of Lewisham has confirmed that it is able to support families with FSM (Free School Meal) eligible children by providing vouchers for the Easter Holidays.

The available funding means they can assist these families at a rate of £30 per eligible child. Families will receive a supermarket voucher provided by an extension to the Household Support Fund via London Borough of Lewisham and your school.

From Thursday 7th March, families who are on benefit related free school meals should receive a HAF Holiday Voucher from Holiday Activities. Redeeming this voucher will credit your account with 4 credits that can be used to book free activities over the holiday period for 4 hours per day, 4 days a week. Food will be provided along with fruit and snacks.

Please be aware that activities are booked on a first-come, first-served basis so keep an eye out for an email or text message containing a HAF voucher and be sure to browse the available activities.

If you are unsure of the process of redeeming and using your voucher, please see the following link which will take you to the online Parent Guide: <https://help.holidayactivities.com/hc/en-gb/articles/12899380332561-Parent-Guide>.

For further support, please email the provider direct on support@holidayactivities.com or call on 01638 438 311.

Veg Power! - Thursday 14th March

We are excited to inform you that Radish will be hosting a 'Veg Power' event which will be held in Brindishe Schools **NEXT THURSDAY** to support the 'Eat Them to Defeat Them Campaign'. We are delighted to get involved in this great campaign to encourage our children to try new vegetables in a fun and engaging way.

What is Radish doing?

Radish's plan for this fun Veg Power day is as follows:

•**The Radish Big Chomp Salad Bar**

Staff will encourage your pupils to get those gnashers to work defeating those veg one big bite at a time, and we are planning some great chomp visuals and fun. Chomping on raw veg is also excellent for dental health – so double win!

•**Lunchtime**

The main menu will remain in place, but we will highlight the dishes that are packed with veggies with some fun decorations on display to get the children excited!

Every pupil has already received a reward chart and stickers to take home so they can continue their quest at home to chomp and defeat their veggies!



Right Respecting Article Of The Week

INTERNATIONAL WOMEN'S DAY



'Inspire Inclusion'

Article 2 - Non-discrimination

The Convention applies to every child without discrimination.

International Women's Day (IWD) is celebrated on 8 March. It is a global day celebrating the social, economic, cultural and political achievements of women. The day also marks a call to action for accelerating gender parity. Significant activity is witnessed worldwide as groups come together to celebrate women's achievements or rally for women's equality.

Why do you think it is important to have a special day to celebrate women?

- To celebrate how amazing women are.
- To recognise how women have changed the world.
- To acknowledge the challenges women still face around the world.
- To encourage women to be themselves – to be the best they can be!
- To let women know they are appreciated.
- To speak out about inequality.
- Fewer girls than boys go to school – this isn't right.
- Women often get paid less than men for doing the same job.
- It is about equality and ensuring all are treated fairly and not discriminated against.
- To explore what we need to do to create a world where gender equality exists.



Article 2 is about non-discrimination. What does discrimination mean in your family? Sadly, many girls across the world are unable to access the same education as boys. Imagine you were a girl kept at home to grow food, cook and help look after your siblings while your brothers went off to school each day. Around the world, 129 million girls are out of school and only 49% of countries have achieved gender parity in primary education.

Discuss at home with your child/children different jobs that people do. Can anyone do any job they like? Share your opinions. Watch [this video](#) about how a class challenges gender stereotypes and how we discuss similar in school. See if anything surprises you. What are your thoughts after watching the video?

For more information visit International Women's Day website here - <https://www.internationalwomensday.com/PenguinRandomHouse>



Governing Body

If you would like to attend a Brindishe Federation Governing Body meeting, please email our Chair of Governors, Liz Murphy - lmurphy@brindisheschools.org. Our fourth meeting of this academic year is on **Tuesday 19th March at 6pm** at Brindishe Manor School.

Online Safety Bulletin

New devices



If your child has a new device, have you set up parental controls?

Consoles

All consoles offer parental controls such as limiting the time spent on the device or restricting who your child can communicate with. Find out the specific settings below:

- PlayStation: <https://www.playstation.com/en-gb/support/account/psn-safety-parents-guide/>
- Xbox: <https://www.xbox.com/en-GB/family-hub>
- Nintendo Switch: <https://www.nintendo.co.uk/Hardware/Nintendo-Switch-Parental-Controls/Nintendo-Switch-Parental-Controls-1183145.html>

Mobiles/Tablets

You can set up parental controls and restrictions on most mobile devices, which can limit what your child can access. Additionally, make sure appropriate settings are applied on the apps your child is using.

- Apple devices: <https://www.apple.com/uk/families/>
- Android devices: <https://families.google/familylink/>

Further information

Internet Matters provide a checklist here:

<https://www.internetmatters.org/resources/e-safety-checklist-getting-your-kids-tech-devices-set-up-safe/>

Key Federation Dates

- **SHINE at Blackheath starts Saturday 24th until Saturday 23rd March**
- Last day of term - **Thursday 28th March**
- Easter Holidays - **Friday 29th March to Friday 12th April**
- Children return to school - **Monday 15th April**
- Primary National Offer Day - **Tuesday 16th April**