



# Newsletter

Friday 16<sup>th</sup> January 2026

## What's been happening this week?

The weather has been against us this week, but despite a lot of wet playtimes, we have really focused in on our learning. Have a look at the photos opposite for some great practical reasoning in Maths in Year 4 about square numbers..

The teachers have been delighted to see more children reading at home with their families as part of our Four Times a Week campaign. Reading at home with your child really is the best thing you can do to support them in their academic progress, whatever year group they are in.

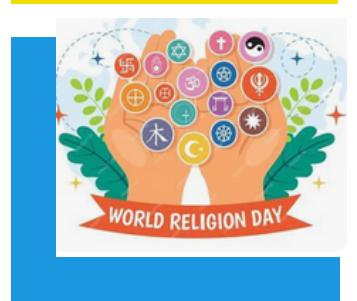
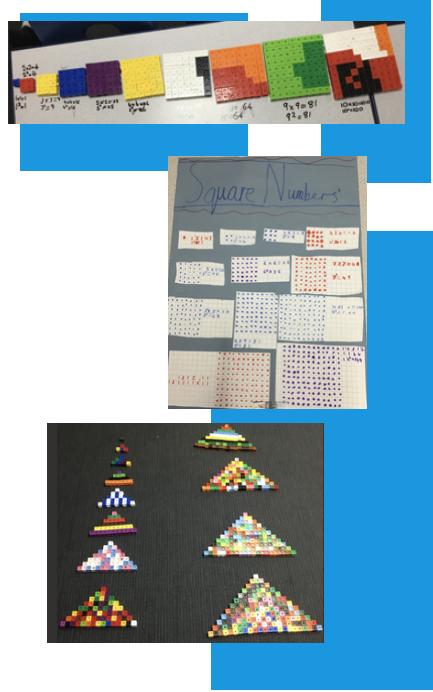
The children are continuing to enjoy their new lunch menu from Nourish. The highlight this week was undoubtedly the fresh pizza with a delicious base and tasty toppings. It's been great to see children who usually have a packed lunch try the school dinners.

## What is happening next week?

We will have an assembly from our Eco Council linked to our Let's Go Zero campaign. Eco Council have decided to focus on energy this year, so the assembly will be all about simple measures to save energy, such as turning off lights and keeping the doors closed in cold weather.

We will celebrate World Religion Day in assembly on Wednesday, in line with our Equalities and Diversity policy and Rights Respecting Schools agenda.

**World Book Day 2026:** Just a note in case people are trying to get organised! We are having a break from dress up this year. Instead we will focus on cosy reading! Come in a Onesie or some super cosy clothes for a day of cosy reading!



## Important Information From the Office

**Year 5:** Complete permission form on Weduc for Year 5 visit to the Globe Theatre. Make payment on Arbor for Globe Theatre

**Music:** Payments due for music lessons by Friday 30<sup>th</sup> January.

**Clubs:** Please let Vikki know if your child no longer wishes to do the club so that we can offer their place to another child

**Inventory:** System is now working-if late, please come and sign your child in.

**Medical:** If your child has a medical condition, please inform the office so we can keep them safe.

# TCS Mini London Marathon

We have again registered Brindishe Lee School for the 2026 TCS Mini Marathon on 25th April. If you would like your child/ren to be put forward for a place, please email the school office before Friday 30th January, for the attention of Mrs Bannister, with your child's name, year, class, AND if your child has participated before.

 Saturday 25th April 2026

 2.6K (Yr4-6)

 14,000 children and young people

 Medal, and £10 to the school for every finisher

<https://www.londonmarathonevents.co.uk/mini-london-marathon/tcs-mini-london-marathon>

The event is free to enter, with more than 14,000 children and young people expected to run, jog, walk, or wheel 2.6K in the heart of the capital. Please note that this was a very popular event last year. Mrs Bannister will let you know if we have been allocated any places, and if you have been successful, as soon as she can. If your child is not allocated a place, their name will be placed on a waiting list.

Don't forget we are a Junior Parkrun school! You will find people from our school community at the parkrun most weeks so you can go along feeling welcome and confident!

Sundays at 9am  
Eltham Park South  
Glenesk Road



<https://www.parkrun.org.uk/elthamjuniors/>

## Attendance

Well done to Reception for minimum learning time lost to lateness!

### Attendance Statistics

12 Jan 2026 - 16 Jan 2026

Registration Form	Present R/C: Marks (%)	Late R/C: Marks (%)
Reception	94.8%	0.7%
Year 1	98.5%	0.6%
Year 2	99.6%	2.6%
Year 3	96.6%	1.9%
Year 4	99.1%	3.2%
Year 5	95.5%	1.6%
Year 6	97.9%	3.5%

## Important Dates

January 2026		February 2026	
Monday 5 <sup>th</sup> January	INSET Day - No school	Tuesday 10 <sup>th</sup> February 3.40pm- 4.10pm	Open Classroom
Tues 6 <sup>th</sup> Jan	Start of Spring Term	Monday 16 <sup>th</sup> – Friday 20 <sup>th</sup> February	Half Term

# Brindishe Federation Newsletter

## Friday 16th January 2026



### Happy New Year to all our Brindishe Families

Welcome back to all families across our federation. We hope you all had a relaxing and fun filled break and a good Christmas for those who celebrate.

The term is already in full swing. Children settled back into school life very quickly and they were thrilled to see their teachers. New learning has gripped their attention from the start and teachers are already busy arranging trips and visits to support the curriculum.

On Tuesday 6<sup>th</sup> we welcomed Nourish, our new catering provider, and feedback from staff, children and parents/carers has been overwhelmingly positive. Thank you to those of you who have taken the time to email or give us verbal feedback on the school gate.

Spring Term is a short term but as busy as the rest with assessments, parents/carers evenings, visits and visitors and a full curriculum to cover but we are looking forward to a positive term, with some sunny days and lighter evenings to boot. If you do have any questions or queries, please do email info@ and the school office will direct your email to the appropriate member of staff.

Here's to a successful Spring Term - **Rachel Waite - Executive Head of Brindishe Schools**

Just a reminder...

### Reminders for contact details and leavers



Just a few reminder from Brindishe Schools for all parents/carers and for those leaving our federation and transferring to another school ....

- Please can we remind you to check your contact details regularly on Arbor. This is vital for the emergency contacts list.
- If you have been offered a place at an alternative school, please email info@ to inform the school formally. We cannot accept verbal communication to the office or class teachers.
- If you are a Wrap Around Care user (Breakfast or Tea Club) and leaving Brindishe please inform extended services via email and provide the date you wish to cease using the provision. Failure to inform us may result in extended charges for you when the service is not being used.
- In addition, if and when you inform us you will be transferring schools please let us know if your child attends any **music tuition run by Lewisham** and ensure you contact **Sportacus** to inform them if your child is signed up to a club with them.

### Step into the world of Seymour Science

BBC Bitesize Primary has launched two new games that invite children to join Seymour and his friends as they learn all about science. The games are set in Seymour's workshop where he films his very own TV science shows. Friends join him as they share their expertise on the seasons as well as light, sound and electricity.

In Seymour's latest Key Stage 1 game, Smashing Seasons, children learn what makes each season special. Using Seymour's Key Stage 2 game, invite your children to learn all about light, sound and electricity, as Seymour prepares for his latest broadcast. Each resource is packed with lots of activities and quizzes to immerse children in each subject area. Visit: [www.bbc.co.uk/bitesize/primary](http://www.bbc.co.uk/bitesize/primary)



# Online Safety Bulletin

## Roblox



Following a recent ITV investigation\*, which found extremist content on Roblox, we thought we would provide a reminder of what you need to be aware of.

A lot of the content is user generated, which means not all games will be suitable for your child to view/play. If your child is playing Roblox, it is important to monitor what your child is accessing and set up appropriate parental controls. PEGI rate Roblox with a Parental Guidance label, this is because it is considered a platform with a huge level of user generated content.

### ***What should I be aware of?***

#### Game content

Chat Facility - Players can chat with each other (users under the age of 13)

Virtual Currency - Players can buy Robux (their virtual currency) to buy in game upgrades or accessories.

#### **How do I report abuse and block users and further information?**

This article outlines the different reporting facilities:

<https://en.help.roblox.com/hc/en-us/articles/203312410-How-to-ReportRule-Violations>

<https://parentzone.org.uk/article/roblox>

<https://www.esrb.org/blog/what-parents-need-to-know-about-roblox-2/>

<https://www.internetmatters.org/advice/apps-and-platforms/online-gaming/roblox/>

## Sharing REAL course for Parents

# Sharing REAL with Parents



**To book go to:**  
[lewishamfamilyhubs.org.uk/  
events/parenting-course](http://lewishamfamilyhubs.org.uk/events/parenting-course)  
**scan the QR code**  
**email** [family.hub.bookings@leisham.gov.uk](mailto:family.hub.bookings@lewisham.gov.uk)  
**or call** 07720 152902

**This fun 4 week course aims to build your confidence in how you can support early literacy within your home and help your children's learning and development in communication and language.**

- Meet other parents and carers.**
- Share ideas to support your child's early learning.**
- Take home FREE resources each week.**

**Wednesdays 14th January - 4th February 2026**

9.30am - 11.30am

**Corbett Community Library**

103 Torridon Rd, SE6 1RQ

**Wednesdays 18th February - 11th March 2026**

1.00pm - 3.00pm

**Evelyn Family Hub**

231 Grove Street, SE8 3PZ

**Fridays 6th - 27th March 2026**

1.00pm - 3.00pm

**Bellingham Family Hub**

109 Randlesdown Road, SE6 3HB



# New Cross Fire – 45th Anniversary Memorial Service

On 18 January 1981, the New Cross Fire tragically led to the deaths of 14 young Black people.

2026 marks the 45th anniversary of the New Cross Fire.

A memorial service will take place on Sunday 18 January 2026 at St Andrew's Church, Brockley Road, London SE4 2SA. Please arrive by 2.15pm to be seated.

The service, led by Rev John Grundy and Rev Steve Lawrence, is an important opportunity to gather to commemorate and honour those who lost their lives in the fire in 1981, and to remember their families and survivors.

Following the service, guests are invited to a reception with a buffet kindly provided by Cummin' Up, serving authentic Caribbean food.

You can join the service on the day via [live stream](#).



## Key Federation Dates

- **February Half Term - Monday 16 February 2026 to Friday 20 February 2026**
- **Shine on Saturdays for selected Year 5 children - Saturday 31<sup>st</sup> Jan, 7<sup>th</sup> Feb, 28<sup>th</sup> Feb, 7<sup>th</sup> March and 14<sup>th</sup> March ) Celebration Event)**
- **Easter Holidays - Monday 30<sup>th</sup> March to Friday 10<sup>th</sup> April**

## Brindishe Schools Governing Body

Governing Body meetings are regular and meet every half term. Parents/carers are more than welcome to attend our meetings as 'observers'. This means you can sit and observe the meeting but will be unable to speak/comment and would need to leave the meeting during confidential items.

If you would like to know more about the governing body or you would like to attend one of our meetings, please email Rachel Waite - [rawaite@brindisheschools.org](mailto:rawaite@brindisheschools.org). An email to confirm attendance at the meeting will need to be received before a parent/carer can join the meeting.

***Our third meeting for 2025/2026 will be held on Tuesday 3<sup>rd</sup> Feb 2026 at Brindishe Manor School - 6pm.***

# Introducing Nourish - our new catering provider

The Brindishe Federation have now officially moved over to Nourish as our new catering provider - Primary-nourish contract catering. Nourish is a family-led company passionate about serving healthy, balanced, and freshly prepared meals every day.

## What's Staying the Same?

- Meat-Free Mondays and Fish Fridays will continue.
- The same friendly kitchen staff
- All menus and catering details will be updated on the school website for easy access
- Children be able to choose between a packed lunch or hot meal each day

## What's New?

- Children and families will notice new signage around the kitchen.
- We'll introduce fun themed days like Harry Potter Day and Lunar New Year
- Opportunities to meet Mr Nourish



## Allergy Support

If your child has a bespoke allergy menu, Clare Doran will be in touch to ensure a smooth transition. This may include reviewing the new menu and completing a Nourish Risk Assessment.

## Why Choose a Hot School Meal?

- Did you know that opting for a hot school meal can save you time and money?
- On average, families could save £477 per year compared to packed lunches.
- Nourish meals are nutritionally balanced, freshly prepared, and designed to support learning.
- Children enjoy a variety of dishes, a daily salad bar, and freshly baked bread—plus the social experience of eating together.

Thank you for your continued support as we make this positive change for our children.

NOVEMBER TO MARCH 2026					
NOURISH 					
WHAT'S ON THE MENU					
WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Nov 24 Nov 15 Dec 19 Jan 9 Feb 9 March 30 March	Margherita Pizza 1,3,7 V Bean Biryani VG Jackets with a Choice of Toppings 7,8,9  Rainbow Pasta 1 Seasonal Vegetables  Strawberry Mousse 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Chicken Pie 1 Mushroom & Lentil Stew VG Pesto & Pea Pasta 1,7 V  Crushed Potato Cauliflower, Carrots  Toffee Apple Pudding 1 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Roast Turkey & Gravy Broccoli Tots 1,7 V Arrabbiata Pasta Shells 1 VG  Rustic Roast Potatoes or Jollof Rice Cabbage, Peas  Fruit Jelly 7 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Beef Bolognaise Pasta Bake 1,7 Loaded Baked Chilli Wedges VG Jackets with a Choice of Toppings 7,8,9  Green Beans Grated Carrots  Parsnip Brownie 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Fish Fingers 1,8 Vegetable Sausage VG Cheese & Tomato Pasta 1,7 V  Chips, Sweetcorn, Baked Beans Cucumber Sticks  Oaty Cookie 1,15 VG Yoghurt 3,7 Fruit Pots VG
WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10 Nov 1 Dec 5 Jan 26 Jan 23 Feb 16 March	Cheese & Broccoli Pasta Bake 1,7 V Buffalo Cauliflower Wings & Wedges VG Jackets with a Choice of Toppings 7,8,9  Seasonal Vegetables  Chocolate Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Caribbean Brown Chicken Chick Pea Jambalaya VG Tomato Spaghetti 1 VG  Rice, Carrots, Peas  Plum Pudding 1VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Roast Chicken & Gravy Ratatouille Puff 1,3 VG Cheesy Pasta Twists 1,7 V  Rustic Roast Potatoes or Jollof Rice Broccoli, Carrots  Crispy Cake 1,3,7,16 Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Beef Stew & Dumpling 1 Falafel Burger & Wedges 1,5 VG Jackets with a Choice of Toppings 7,8,9  Cauliflower, Green Beans  Apple & Cinnamon Pinwheel 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Salmon Bites 1,8 Margherita Pizza 1,3,7 V Herby Tomato Pasta Twists 1 V  Chips, Peas, Coleslaw 9  Marble Cookie 1 VG Yoghurt 3,7 Fruit Pots VG
WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
17 Nov 8 Dec 12 Jan 2 Feb 2 March 23 March 27 Oct	Macaroni Cheese 1,7 V Sweet Potato & Chick Pea Curry VG Jackets with a Choice of Toppings 7,8,9  Rice, Green Beans, Mixed Salad  Peach Crumble 1 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Chicken Noodles 1 BBQ Vegetable Burrito 1 VG Pesto & Pea Penne 1,7 V  Sweetcorn, Peppers  Chocolate Rice Pudding 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Savoury Mince Beef & Yorkshire Pudding 1,7,9 Vegan Sausage Roll 1 VG Jackets with a Choice of Toppings 7,8,9  Rustic Roast Potatoes, Green Beans, Carrots  Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruit Pots VG	Beef Cottage Pie Butternut Squash Risotto 7 V Herby Tomato Pasta 1 VG  Seasonal Vegetables  Beetroot Cake 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7, Fruity Pots VG	Fish Fingers 1,8 Cheese, Carrot & Tomato Swirl 1,7 V Jackets with a Choice of Toppings 7,8,9  Chips, Peas, Baked Beans, Grated Carrot  Caramel Flapjack 1,7,15 V Yoghurt 3,7, Fruit Pots VG

1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg  
10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

Selection of Salads 9, Homemade Bread 1,3. Some of our schools may use pre-prepared potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

**AVAILABLE DAILY**

**WE ♥ VEGGIES**

# Being a Parent

Parenting programme for parents of children aged 2-11

Delivered by trained Parent Group Leaders from Empowering Parents Empowering Communities (EPEC), part of South London & Maudsley NHS Trust, in partnership with Lewisham



**A FREE 9-week course to help parents learn practical skills for everyday life such as:**

- Looking after yourself as a parent
- Recognising and managing your child's emotions
- Learning positive parenting strategies

Feedback from Lewisham Parents

"I absolutely loved this course. I would recommend it to anyone. It has helped me out so much as a parent"

"The leaders were amazing, made me feel so much more confident and feel like people actually do care."

ONLINE

Wednesday 9.45-11.45

23rd January - 27th March 2026

(no session 18th Feb - half term)

To sign up and find out more click [HERE](#) or scan the QR code:



Or Contact 07860 371868



## 'Being a Parent' starting January 23<sup>rd</sup> 2026.

This is a free 9 week group programme offered to parents/carers of children aged from 2 to 11 years old.

The course is designed to give children and families the very best start in life by supporting parents to:

- Understand and manage their own feelings, as well as their child's
- Communicate and interact positively with their child
- Use positive behaviour management strategies
- Reduce and manage parental stress
- Providing practical tools and guidance to help families build stronger, more positive relationships

There will be 2 groups running: one is in person and one is online. Parents and carers can choose which one (online or in person) they would like to attend.

The in person group will be held at Downham Family Hub and an online group

To find out more scan the QR code in the flyer Or Contact 07860 371868

# Being a Parent

Parenting programme for parents of children aged 2-11

Delivered by trained Parent Group Leaders from Empowering Parents Empowering Communities (EPEC), part of South London & Maudsley NHS Trust, in partnership with Lewisham



**A FREE 9-week course to help parents learn practical skills for everyday life such as:**

- Looking after yourself as a parent
- Recognising and managing your child's emotions
- Learning positive parenting strategies

Downham Family Hub

Shrofford Road, BRI 5PD

Friday 10.00 - 12.00

23rd January - 27th March 2026

(no session 20th Feb - half term)

To sign up and find out more click [HERE](#) or scan the QR code:



Or Contact 07860 371868

Feedback from Lewisham Parents

"I absolutely loved this course. I would recommend it to anyone. It has helped me out so much as a parent"

"The leaders were amazing, made me feel so much more confident and feel like people actually do care."

