

Brindishe Lee School 2020-2021

Physical Education and Sports Grant Funding

PE Grant Funding for 2020-2021

Total Amount of PE Sports Grant	£18, 360
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Key Objectives of the PE Grant Spending 2020-2021

Increase the amount of physical activity children partake in each day, on top of PE lessons.

High quality CPD provided to staff to increase the teaching and learning of PE.

To raise the profile of active learning across the whole curriculum, not just in PE.

Objective	Actions	Cost
<p>Key indicator 1: The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school</p> <p>Increase the amount of physical activity children partake in each day ON TOP OF weekly PE lessons.</p>	<ul style="list-style-type: none"> ○ Sportacus (daily) providing 90 minutes of timetabled sporting activities for EYFS, KS1 and KS2 at lunchtime. Activities are planned according to age and vary each week, increasing pupil participation in physical activities. Sportacus coaches engage children who do not always wish to participate in class – focus on disadvantaged group. This year this has been extended to include reception class. All children to receive at least 30 minutes of high quality sports/physical activity at lunchtime. ○ Daily Mile (15 minutes) for every class – to improve the physical and mental well-being of children, preparing them for their daily learning. ○ Introduce orienteering to all children at Brindishe Lee as an additional physical activity. ○ Teachers to plan for active learning at all times throughout the school day. For example, active maths, more drama, physical movement in English lessons etc. ○ Children will participate in a greater number of sporting tournaments as organised by LEWISHAM School Games. Dedicated training time for these tournaments will be provided and delivered by trained PE coaches at Brindishe Lee School. ○ All children are regularly encouraged to walk, cycle or scooter to school. We provide bike racks to facilitate this. Weekly reminders about walking to school and the health benefits of it will be posted in newsletters to parents/carers. ○ Bikeability for Year 5 – Autumn Term ○ Introduce Fun Fit club in the morning – organised and delivered by a trained sports PE coach. Invite children from disadvantaged families who do not have daily access to an outside space at home. ○ Continue to offer clubs provided by Sportacus – these clubs will be on offer to all children and we will endeavour to introduce new sports to children e.g. martial arts, boxing etc. ○ Daily lunchtime circuit training timetabled and organised by two members of the lunchtime team (both sports specialists) for those children who do not engage with Sportacus activities and would prefer smaller group games. ○ Continue to replenish resources so that all children have access to high quality resources during PE sessions. Enough quantity of resources to enable access for all during curriculum time and lunchtime. ○ Sensory circuits to continue for small groups or individuals with SEMH needs or sensory needs. 	<p>Sportacus, Sports Coach, Teaching assistants for additional active learning activities,</p> <p>Total: £9, 300</p>

	<ul style="list-style-type: none"> ○ Further staff training and development so that more staff aware of need to get pupils active and staff better trained and more empowered to deliver high quality PE. ○ Further focus on the celebration of sports in assemblies – e.g. high profile sportspersons, those with disabilities, local sportspersons etc. ○ PE lead (alongside sports coaches) to arrange ‘Pop-up’ CPD sessions for staff for new sports. ○ Investigate new sports further such as sitting volleyball, curling, Boccia, yoga. ○ In light of current restrictions, hold more inter – class tournaments. ○ Forest Schools interventions for small groups of children. ○ Brain Gym and BBC Super movers ○ Improve access to running and cardio activity (including balance bikes) for EYFS/Y1 	
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<p>Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement</p> <p>To raise the profile of active learning across the whole curriculum, whilst sustaining the weekly PE lessons.</p>	<table border="1"> <thead> <tr> <th data-bbox="320 493 1960 544" style="background-color: #4a7ebb; color: white;">Actions</th> </tr> </thead> <tbody> <tr> <td data-bbox="320 544 1960 1461"> <ul style="list-style-type: none"> ○ Introduce Brain Gym - Brain Gym exercises are exercises designed to help the brain function better during the learning process – DHT to plan and deliver CPD (Spring Term) ○ BBC Super mover programme introduce to all staff to use in the classroom – active curriculum such as timetables, active fractions, science and PSHME. ○ Daily lunchtime activities provided by Sportacus – these sports are of a high quality delivered by trained sports coaches. ○ PE lead to provide staff with CPD on high quality PE lessons – STAFF INSET TIME needed (Spring Term) ○ Tri-School sports day held at Ladywell – KS2 – led by Sports Premium Champions across the Brindishe Federation. ○ KS1 and KS2 sports day at Manor House Gardens – led by sports specialist. ○ Every class to continue to partake in the Daily Mile. ○ Sensory Circuits for specific children (SEND and disadvantaged group) ○ Continue to redesign and improve the outdoor provision for Reception and Year 1. ○ Investigate the use of outside Sports Clubs such as Millwall to provide enrichment opportunities for children. ○ Bikeability for Year 5 - Lewisham service ○ Cricket for Year 4 – outside provider ○ Walk to school week – Spring Term – ‘Bling your bike and Sparkle your Scooter’ ○ Introduce PE and School sport to Celebration assembly every month to ensure the whole school is aware of the importance of PE and Sport and to encourage all pupils to aspire to being involved in sport. ○ Achievements in PE and School sport to be celebrated in assembly (match results lessons etc. Different classes to showcase PE learning (EG Dance/Gymnastics performance). ○ Organise for pupils with sporting stories/successes from outside of school to bring in photos/writing for the display ○ Ascertain which local personalities the pupils relate to and invite them into school. Put PowerPoints together themed on inspiration and role models, to be used in class/assembly time. ○ Dance showcase for Lewisham Live – Year 5. ○ Get staff involved for their own wellbeing such as the Couch to 5K. This helped as they understand the benefits of an active lifestyle </td> </tr> </tbody> </table>	Actions	<ul style="list-style-type: none"> ○ Introduce Brain Gym - Brain Gym exercises are exercises designed to help the brain function better during the learning process – DHT to plan and deliver CPD (Spring Term) ○ BBC Super mover programme introduce to all staff to use in the classroom – active curriculum such as timetables, active fractions, science and PSHME. ○ Daily lunchtime activities provided by Sportacus – these sports are of a high quality delivered by trained sports coaches. ○ PE lead to provide staff with CPD on high quality PE lessons – STAFF INSET TIME needed (Spring Term) ○ Tri-School sports day held at Ladywell – KS2 – led by Sports Premium Champions across the Brindishe Federation. ○ KS1 and KS2 sports day at Manor House Gardens – led by sports specialist. ○ Every class to continue to partake in the Daily Mile. ○ Sensory Circuits for specific children (SEND and disadvantaged group) ○ Continue to redesign and improve the outdoor provision for Reception and Year 1. ○ Investigate the use of outside Sports Clubs such as Millwall to provide enrichment opportunities for children. ○ Bikeability for Year 5 - Lewisham service ○ Cricket for Year 4 – outside provider ○ Walk to school week – Spring Term – ‘Bling your bike and Sparkle your Scooter’ ○ Introduce PE and School sport to Celebration assembly every month to ensure the whole school is aware of the importance of PE and Sport and to encourage all pupils to aspire to being involved in sport. ○ Achievements in PE and School sport to be celebrated in assembly (match results lessons etc. Different classes to showcase PE learning (EG Dance/Gymnastics performance). ○ Organise for pupils with sporting stories/successes from outside of school to bring in photos/writing for the display ○ Ascertain which local personalities the pupils relate to and invite them into school. Put PowerPoints together themed on inspiration and role models, to be used in class/assembly time. ○ Dance showcase for Lewisham Live – Year 5. ○ Get staff involved for their own wellbeing such as the Couch to 5K. This helped as they understand the benefits of an active lifestyle 	<p>Specialist PE trainers, CPD, PE lead support</p> <p>Total: £2,000</p>
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<p>Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport</p>	<p>Actions</p> <ul style="list-style-type: none"> ○ Develop a PE team, led by an experienced and qualified PE teacher. ○ PE lead to provide ‘Pop – ups’ throughout the year, introducing new sports such as sitting volleyball, archery, fencing, martial arts, kurling etc. Explore sports from around the world. ○ To ensure all children are participating in high quality PE the Quality of teaching and learning in Physical Education will be developed through staff CPD for all class teachers. ○ Additional courses/CPD programs for other areas of the curriculum and NQT support ○ As a federation, subject leads have redesigned the PE curriculum. It focuses on skills in lessons and shows clear progression from year group to year group in every activity. Key questions and discussions points such as Emotional me, Social me have been included to encourage more talk around physical activity and the benefits on our mental health. ○ Use CPD opportunities available through the Lewisham School Sport Partnership ○ Observations of current teaching staff to ascertain WWW and EBI ○ Planning support and team teaching for all teachers with PE lead. ○ TAs from Brindishe Lee to visit TAs at Brindishe Manor and Brindishe Green to observe delivery of physical activities such as sensory circuits. ○ ITT training for TAP students and NQTs led by specialist teacher 	<p>Resources, CPD opportunities, Support for PE lead, resources for new sports, staff INSET</p> <p>Total: £4,060</p>
<p>Key indicator 4: Broader experience of a range of sports and activities offered to all pupils</p>	<p>Actions</p> <ul style="list-style-type: none"> ○ Continue to expand the range of sports on offer – extend to sports such as boccia, wheelchair basketball, blind football, new age kurling, cycling, and table tennis. • New resources and equipment to be purchased and damaged equipment replaced. • Bikeability extended to Year 4, 5 & 6. • Dance showcase – Year 5 • Lunchtime Play Leaders (children and staff) offer a range of games for KS1 and KS2 and encourage all children to participate – extend this to playtimes also – (to be led by TD) • Sport has been made readily available for all groups/cohorts/key stages at lunchtime – Sportacus offer a varied and structured PE timetable at lunchtimes, supported by Brindishe lee staff. • Clubs meet the varied interests of children within the school and cover all the main sports. The school always aims to have at least one sport that the children may not have experienced before. • Staff at Brindishe lee to offer additional clubs for children (Spring Term) e.g. street dance, tri-golf. These would be on top of Sportacus clubs. • Cricket Year 4 – Platform – ex cricket professionals 	<p>New resources for new sports, training time for lunchtime play leaders</p> <p>Total: £2,000</p>

<p>Key indicator 5: Increased participation in competitive sport Increased participation in competitive sport</p>	<p>Actions</p> <ul style="list-style-type: none"> ○ Brindishe Lee Whole School Sports Week – Summer Term – to include KS1 and KS2 sports day at Manor House Gardens. ○ Tri-School Sports Day at Ladywell – Summer Term ○ Cricket coaching for Year 4 – summer festival participation also. Platform – ex cricket professionals ○ Increase participation in LEWISHAM School Games ○ Replenish kits for 2020-2021 ○ Tri-School Sports day – Ladywell – led by Sports Premium Champions from across the Federation. ○ Clubs after school for tournament preparation will be offered to those competing in tournaments. ○ ALPS membership ○ Personal Best Lunchtime challenges introduced – led by TD 	<p>Kit, Inter school competitions</p> <p>£1000</p>
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