

Brindishe Lee School 2022-2023

Physical Education and Sports Grant Funding

Brindishe Lee Impact Statement for 2022-2023

Review of expenditure:				
Previous Academic Year		Sports Premium Analysis		
Key Indicator 1: To ensure all children participate in at least 30 minutes of high-quality physical activity throughout the school day, including playtimes and lunchtimes.				
Desired outcomes	Chosen actions/approach	Estimated impact: Was the success criteria met? What was the impact?	Lessons learned (Will the approach continue?)	Cost
	<p>Improve profile and participation in the ‘Daily Mile’ (15 minutes) for every class – to improve the physical and mental well-being of children, preparing them for their daily learning. Ensure all year groups provide this opportunity to children.</p> <p>Embed both intra and inter competitions across the PE curriculum e.g football in the summer and hockey in the winter.</p> <p>Physical wellbeing interventions which target SEND and disadvantaged – fun & fitness, gardening, wake and shake.</p> <p>Dedicated training time for these tournaments will be provided and delivered by trained PE coaches at Brindishe Lee School.</p> <p>All children are regularly encouraged to walk, cycle or scooter to school.</p> <p>We provide bike racks to facilitate this.</p>	<p>Children’s fitness levels are discernibly different as a direct result of participation in the Daily Mile. Children felt more comfortable to discuss worries with class teacher during this time. Daily mile was more evident in spring and summer, children feel better within themselves.</p> <p>Teachers to plan for active learning at all times throughout the school day. For example, active maths, more drama, physical movement in English lessons etc. Teachers planned some active learning across the year, e.g. linked P.E with maths, English with drama etc.</p> <p>Increasing numbers of children actively involved in PE and sporting activities throughout the school day. Children participated in all P.E lessons across year groups, more children feel positive to try new sports inside and outside of school.</p> <p>Children in PE lessons demonstrate increased engagement and challenge. Teachers have adapted lessons to tailor to all needs in the classroom and children feel more able to access a challenge.</p>	<p>Promote daily mile throughout the year, highlight in autumn especially when children are transitioning to a new year group.</p> <p>Continue to promote the importance of active learning and involve humanities subjects.</p> <p>P.E lead to support class teachers with SEN provision.</p> <p>Provide more opportunities for</p>	<p>Sports Coach, Teaching assistants for additional active learning activities,</p> <p>£9,300</p>

	<p>Weekly reminders about walking to school and the health benefits of it will be posted in newsletters to parents/carers.</p> <p>Bikeability for Year 5 – Autumn Term Introduce Fun Fit club in the morning – organised and delivered by a trained sports PE coach.</p> <p>Invite children from disadvantaged families who do not have daily access to an outside space at home.</p> <p>Continue to offer clubs provided by Sportacus – these clubs will be on offer to all children and we will endeavour to introduce new sports to children e.g. martial arts, boxing etc.</p> <p>Daily lunchtime circuit training timetabled and organised by two members of the lunchtime team (both sports specialists) for those children who do not engage with Sportacus activities and would prefer smaller group games.</p> <p>Continue to replenish resources so that all children have access to high quality resources during PE sessions.</p> <p>Sensory circuits to continue for small groups or individuals with SEMH needs or sensory needs.</p> <p>Provide swimming for non-25m swimmers in Y6.</p> <p>Platform cricket to deliver quality cricket sessions to children across federation.</p>	<p>Giving children the opportunity to compete and perform has motivated them and has developed a passion for physical exercise. E.g. year 4/5/6 girls football, training before school and have taken part in local school competitions.</p> <p>Pupil concentration, commitment, self-esteem and behaviour enhanced through increased PE opportunities. E.g. children attending Salsa lunchtime club and have found a new skill they enjoy.</p> <p>Encouraging children to walk, bike or scooter will help develop their fitness levels and normalise exercise as part of their everyday routine.</p> <p>Equipping children to cycle or scooter will give them the tools and confidence to exercise regularly and for enjoyment.</p> <p>Motivates children to take up sport outside of school. Sent local club flyers to appropriate year groups and cover a range of sports. Sent individuals specific clubs based on sport e.g. P.E sent year 3 children an athletic club to attend.</p> <p>Ensuring that all children are set up with life skill in swimming.</p>	<p>federation competitions to promote the motivation of sports.</p> <p>Add new sports to the curriculum to promote increased P.E opportunities and self-esteem.</p> <p>Provide more KS1 Lewisham club opportunities.</p>	
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Key Indicator 2: The profile of PE and sport is raised across the school as a tool for whole-school improvement.				
Desired outcomes	Chosen actions/approach	Estimated impact: Was the success criteria met? What was the impact?	Lessons learned (Will the approach continue?)	Cost
	<p>Improve children's awareness of mental wellbeing through Yoga classes.</p> <p>CPD (Spring Term) Improve profile and participation in the 'Daily Mile' (15 minutes) for every class – to improve the physical and mental well-being of children, preparing them for their daily learning.</p> <p>Ensure all year groups provide this opportunity to children. Active curriculum such as timetables, active fractions, science and PSHME.</p> <p>Tri-School sports day held at Ladywell – KS2 (to include year 3 and 4)– led by Sports Premium Champions across the Brindishe Federation.</p> <p>KS1 sports day at Brindishe Lee – led by sports specialist.</p> <p>Sensory Circuits for specific children (SEND and disadvantaged group)</p> <p>Bikeability for Year 5 - Lewisham service Increase provision of sports delivered by external providers to support physical wellbeing - Cricket for Year 4.</p>	<p>Increased in quality first teaching of PE</p> <p>Feedback through surveys demonstrates positive impact on children's emotional and physical well-being. Children enjoyed giving their opinion on sports taught and how they felt about specific sports before and at the end of the sequence.</p> <p>Increased participation of children in sports and more children signposted for competitive sports. Local school competitions and clubs contacted.</p> <p>Children are able to articulate how they are feeling and where they need to go to seek help – would speak to class teachers during 'Daily Mile'.</p> <p>Activities and strategies to support children's mental health are embedded through the curriculum – yoga was taught well across all year groups, teachers took the time to promote mindfulness activities outside of P.E time as well as during indoor P.E time.</p> <p>Pupil concentration, commitment, self-esteem and behaviour were enhanced through increasing opportunities to promote good physical and mental well-being – PSHME was highlighted well this year and children feel more confident and can express their emotions.</p>	<p>Contact athletes out of school to deliver sessions across the federation.</p> <p>Children in all year groups to complete survey monkey questions and P.E lead to use data to reflect and adapt sessions.</p> <p>Continue to promote PSHME, mindfulness and yoga for children's well-being. Create a KS1 mindfulness display to express emotions and well-being.</p> <p>Be part of more local school competitions.</p> <p>Celebrate all federation tournaments and competition opportunities.</p>	<p>Specialist PE trainers, CPD, PE lead support</p> <p>Total: £2,000</p>

	<p>Get staff involved for their own wellbeing such as the Couch to 5K, yoga or circuits. This will help them to understand the benefits of an active lifestyle.</p> <p>Increase provision of sports delivered by external providers to support physical wellbeing – Teach Sport and Platform cricket.</p>	<p>Giving children the opportunity to perform will motivate them and develop passion for physical exercise – local competitions and teams.</p> <p>Achievements in PE and School sport to be celebrated in assembly (match results lessons etc. Different classes to showcase PE learning (EG Dance/Gymnastics performance) by lead or SLT to celebrate achievements.</p> <p>P.E display with P.E lessons and pupil voice annotations to demonstrate love for learning. Photos show an array of sport being taught at BL.</p> <p>Intervention timetable and sessions planned for sensory circuits to support those with sensory needs and SEMH needs. Focused in KS1 and should be highlighted more in KS2.</p>	TAs or P.E lead to lead interventions for disadvantaged and SEN children.	
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Key Indicator 3: To develop an increased confidence, knowledge and skills of all staff in teaching PE and sport

Desired outcomes	Chosen actions/approach	Estimated impact: Was the success criteria met? What was the impact?	Lessons learned (Will the approach continue?)	Cost
	<p>External sports specialist (TeachSport) to undertake team teaching in athletics, gymnastics, net/wall and invasion games with specific teachers across KS1 and KS2</p> <p>PE leads to develop assessment tool to monitor children's progress throughout their school journey.</p> <p>In addition to interventions like Sensory Circuits, ensure staff feel confident to deliver provision for SEND and disadvantaged during lessons.</p>	<p>External sports specialist teaching opportunities develop the confidence and skill sets of teachers. Teacher attended sessions after completing a staff audit which focused on sports they felt less confident in.</p> <p>Assessment trialled by P.E lead and is to be rolled out gradually and lead by class teachers. Show class teachers assessment tool for each area of P.E and listening to feedback. Assessment tool will support termly inter-competitions.</p> <p>TAs liaised with class teachers and felt confident to support SEN children during P.E sessions. Teachers liaised with P.E leads to discuss appropriate and accessible lessons.</p>	<p>More external sport specialists to deliver sport opportunities.</p> <p>Assessment tool was successful – all staff to use this from September to monitor progress of all children across all sports.</p> <p>Staff to complete another staff audit to</p>	<p>Resources, CPD opportunities, Support for PE lead, resources for new sports, staff INSET</p> <p>Total: £4,060</p>

			<p>assess their confidence in delivering sports.</p> <p>P.E lead to support TAs with SEN provision.</p>	
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Key Indicator 4: Broader experience of a range of sports and activities offered to all pupils.				
Desired outcomes	Chosen actions/approach	Estimated impact: Was the success criteria met? What was the impact?	Lessons learned (Will the approach continue?)	Cost
	<p>External sports specialists (tennis, cricket) deliver high quality sporting opportunities for all children</p> <p>Maintain access for non-swimmers in year 5</p> <p>Continue with Tri-school competitive sports day for upper KS2</p> <p>Signposting children to local clubs and activities outside school</p> <p>Dance showcase – Year 5 Cricket Year 4 – ex cricket professionals</p> <p>New resources and equipment to be purchased and damaged equipment replaced.</p> <p>Bikeability – 5/6</p>	<p>Increase in the number of children being signposted for local clubs and taking part in in-school competitions as well as outdoor.</p> <p>Worked with platform cricket to ensure well-planned and consistent provision was provided for year 4 in autumn.</p> <p>Created a comprehensive, accessible and concise survey for children to do pupil voice.</p> <p>Children were provided with increased opportunities to access a range of sports – salsa dance at lunch times and tri-golf.</p> <p>Distribute Lewisham approved after-school sports clubs.</p>	<p>More external sport specialists to deliver sport opportunities.</p> <p>Contact platform cricket over the summer before September start.</p> <p>Promote different sports such as ballroom dance etc.</p> <p>Lewisham games – take children to tournaments in the borough and not just the federation.</p>	<p>New resources for new sports, training time for lunchtime play leaders</p> <p>Total: £2,000</p>

Key Indicator 5: Increased participation in competitive sport

Desired outcomes	Chosen actions/approach	Estimated impact: Was the success criteria met? What was the impact?	Lessons learned (Will the approach continue?)	Cost
	<p>Plan and deliver competitive sports day for both yr3-4 and yr5-6. Plan Reception and yr1-2 sports day at Brinidishe Lee.</p> <p>Federation tournaments as well as intra tournaments across the PE curriculum in summer term.</p> <p>Replenish kits for 2021-2022 or borrow kits from local clubs.</p> <p>Cricket coaching for Year 4 – Autumn term</p>	<p>Tri-school tournaments increases the profile of sport – football tournaments in summer.</p> <p>High quality sports coaching for MAMA children means improved outcomes in competitive sports at borough and county level. E.g. before school training for football.</p> <p>Increased questioning in sessions from staff using curriculum tool.</p> <p>Children’s surveys provided evidence of increased engagement and enjoyment in PE.</p> <p>Successful organisation and delivery of competitive sports day for upper and lower KS2.</p> <p>Increase in after school sports clubs for MAMA children</p>	<p>P.E leads to arrange tournaments across the year. Hockey in winter, basketball in spring, football and athletics in summer etc.</p> <p>Staff to use assessment tool and questioning from curriculum.</p> <p>KS1 sports day at Manor House Gardens, KS2 at Ladywell Arena.</p>	<p>Kit, inter-school competitions</p> <p>£1000</p>

Key Indicator 6: Swimming

Desired outcomes	Chosen actions/approach	Estimated impact: Was the success criteria met? What was the impact?	Lessons learned (Will the approach be continued?)	Cost
	Y6 children took part in 2-week swimming lessons in summer 2 due to not accessing swimming lesson in Y5 due to Covid.	Most children attended the sessions, the class was split into 3 groups and supported well. Children were able to move groups according to their ability.	Successful 2-week period. Ensure swimming lessons take part in Y5 at Lewisham Glass Mill centre.	

PE Grant Funding for 2022-2023

Total Amount of PE Sports Grant

Key Objectives of the PE Grant Spending 2022-2023

Increase the amount of physical activity children partake in each day, on top of PE lessons.

High quality CPD provided to staff to increase the teaching and learning of PE.

To raise the profile of active learning across the whole curriculum, not just in PE.

Objective	Actions	Cost
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school	<ul style="list-style-type: none"> ✓ Introduce orienteering to all children at Brindishe Lee as an additional physical activity. ✓ Physical wellbeing interventions which target SEND and disadvantaged – fun & fitness, gardening, wake and shake. ✓ Children will participate in a greater number of sporting tournaments as organised by LEWISHAM School Games. Dedicated training time for these tournaments will be provided and delivered by trained PE coaches at Brindishe Lee School. ✓ Introduce Fun Fit club in the morning – organised and delivered by a trained sports PE coach. Invite children from disadvantaged families who do not have daily access to an outside space at home. ✓ Sensory circuits to continue for small groups or individuals with SEMH needs or sensory needs. ✓ Promote daily mile throughout the year, highlight in autumn especially when children are transitioning to a new year group. ✓ Continue to promote the importance of active learning and involve humanities subjects. ✓ P.E lead to support class teachers with SEN provision. ✓ Provide more opportunities for federation competitions to promote the motivation of sports. ✓ Add new sports to the curriculum to promote increased P.E opportunities and self-esteem. ✓ Provide more KS1 Lewisham club opportunities. 	<p>Sports Coach, Teaching assistants for additional active learning activities,</p> <p>£9,300</p>

Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement	Actions		Specialist PE trainers, CPD, PE lead support Total: £2,000
	✓	Introduce Brain Gym - Brain Gym exercises are exercises designed to help the brain function better during the learning process – P.E lead to plan and deliver CPD (Spring Term)	
	✓	BBC Super mover programme introduce to all staff to use in the classroom – active	
	✓	Curriculum such as timetables, active fractions, science and PSHME. KS1 focus implementation	
	✓	PE lead to provide staff with CPD on high quality PE lessons – STAFF INSET TIME needed (Spring Term)	
	✓	Professional athletes (Sport4Schools) invited in to inspire children.	
	✓	KS1 sports day at Manor House Gardens – led by sports specialist.	
	✓	Arrange for external sports clubs to come in and do sporting workshops, celebrations and assemblies from the local community, such as Millwall and Charlton FC.	
	✓	Sensory Circuits for specific children (SEND and disadvantaged group)	
	✓	Walk to school week – Spring Term – ‘Bling your bike and Sparkle your Scooter’	
	✓	Introduce PE and School sport to Celebration assembly every month to ensure the whole school is aware of the importance of PE and Sport and to encourage all pupils to aspire to being involved in sport.	
	✓	Dance showcase for Lewisham Live – Year 5.	
	✓	Increase staffing opportunities for wellbeing and fitness. Host classes, start running club etc.	
	✓	Children in all year groups to complete survey monkey questions and P.E lead to use data to reflect and adapt sessions.	
	✓	Continue to promote PSHME, mindfulness and yoga for children’s well-being. Create a KS1 mindfulness display to express emotions and well-being.	
✓	TAs or P.E lead to lead interventions for disadvantaged and SEN children.		

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport	Actions <ul style="list-style-type: none">✓ Specific TAs deliver high quality PE lessons to support teachers’ knowledge and understanding (e.g. gymnastics, dance)✓ Deliver ECT training, pop ups and observe practice across school.✓ Host ‘pop-ups’ throughout the year, introducing new sports such as sitting volleyball, archery, fencing and martial arts etc.✓ Create comprehensive, accessible and concise survey, based on survey, create targeted CPD sessions for each year group.✓ Assessment to be rolled out gradually by lead to class teachers. Show class teachers assessment tool for each area of P.E and listening to feedback. Assessment tool will support termly inter-competitions.✓ PE lead to make sure staff are well-resourced to this end, teachers are spoken to about any particular children of concern and how to meet their needs.✓ Staff P.E knowledge and confidence audit	Resources, CPD opportunities, Support for PE lead, resources for new sports, staff INSET Total: £4,060
Key indicator 4: Broader experience of a range of sports and activities offered to all pupils	Actions <ul style="list-style-type: none">✓ CPD is personalised and targeted to ensure skill progression in different sports✓ Additional resources provide a varied range of games and sports at lunchtimes✓ Offer a range of after-school clubs provided by staff e.g. street dance, tri-golf, athletics.✓ Maintain access for non-swimmers in year 5✓ More external sport specialists to deliver sport opportunities.✓ Contact platform cricket over the summer before September start✓ Promote different sports such as ballroom dance etc.✓ Lewisham games – take children to tournaments in the borough and not just the federation.	New resources for new sports, training time for lunchtime play leaders Total: £2,000
	Actions	

Key indicator 5:
Increased
participation in
competitive sport

- ✓ Increase participation in LEWISHAM School Games – offer children from across the school the opportunity to trial for and compete in a range of sports.
- ✓ Personal Best Lunchtime challenges introduced
- ✓ Additional after-school clubs offered to children which are varied and inclusive.
- ✓ P.E leads to arrange tournaments across the year. Hockey in winter, basketball in spring, football and athletics in summer etc.
- ✓ Staff to use assessment tool and questioning from curriculum.
- ✓ KS1 sports day at Manor House Gardens, KS2 at Ladywell Arena.
- ✓ Challenge for MAMA – offering children ways to apply skills learnt to a lesson or create a game of their own to show understanding
- ✓ High quality sports coaching for MAMA children – improved outcomes in competitive sports
- ✓ Pre-book tournaments before academic year

Kit, inter-
school
competitions

£1000